

JULY 29 2018

OFFICIAL

# SPECTATOR GUIDE



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# 2018 Subaru IRONMAN® Canada and Subaru IRONMAN 70.3® Canada



Athletes starting the swim course at the Whistler Subaru IRONMAN® Canada.

PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

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## PRESIDENT, WPLP

Sarah Strother

## WRITER

Dan Falloon

## PRODUCTION MANAGER

Karl Partington

## PRODUCTION

Whitney Sobool

## COVER PHOTO



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CRANE / COURTESY  
TOURISM WHISTLER

## SALES MANAGER

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# A message from the race director

## Welcome to the 35th edition of Subaru IRONMAN Canada!

We are thrilled to welcome you to the community of Whistler and to introduce you to our beautiful surroundings, which provide a spectacular backdrop for this incredible event. From the emerald lakes to snow-capped peaks, the Sea-to-Sky Corridor is the perfect setting for you to cross the finish line and hear those iconic words, "You are an IRONMAN!"

Please join me in thanking the Province of British Columbia, the Resort Municipality of Whistler, and the Squamish Lillooet Regional District for their ongoing support in hosting this event. It's been a team effort, and without their help it would not be the success it is today.

I'd also like to give a special thanks to Subaru whose efforts make it possible for this event to be broadcast across Canada. What better place to show off their range of vehicles than in beautiful British Columbia?

Most of all, I'd like to thank our dedicated staff and volunteers. From long before the event starts to well after it finishes, their tireless efforts make the experience truly memorable. They are with you every step of the way and their dedication in helping you reach your goal should not be underestimated. Please take a moment to thank a volunteer while you are here.

You've come a long way to get here, overcome many challenges in the process, and no matter what obstacles lie in front of you on race day, just remember one thing:

**ANYTHING IS POSSIBLE!**

I'll see you at the finish line.

**Christine Cogger**  
Race Director,  
Subaru IRONMAN Canada



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PHOTO: TOURISM WHISTLER / MIKE CRANE

## FEATURE

# IRONMAN Itineraries

By **TOURISM WHISTLER**

Coming to Whistler for Subaru IRONMAN® Canada is about much more than race day for both athletes and fans. Whether you're arriving to the resort ahead of time to acclimatize and register, or staying for a few days afterwards to rest and recover, there's a lot to explore and enjoy in Whistler for racers and spectators both young and old. Check out these itineraries to make your planning simple.

---

## Itinerary for IRONMAN Supporters

### THURSDAY: ARTS, CULTURE AND THE GREAT OUTDOORS

**Morning** – Start your day by exploring Whistler's vibrant arts and culture scene with a visit to the Squamish Lil'wat Cultural Centre or the Audain Art Museum.

**Afternoon** – Spend the afternoon with a trip to Whistler Olympic Park in the Callaghan Valley where you can play a round of disc golf, go on an electric assist mountain bike ride or do some hiking and sightseeing.

**Evening** – In the evening, watch Whistler's forests come to life at Vallea Lumina, an enchanting multimedia night walk.



Audain Art Museum.

PHOTO: TOURISM WHISTLER/ANDREW STRAIN





Explore the Train Wreck.

PHOTO: TOURISM WHISTLER/MIKE CRANE



Throw like a lumberjack at Forged Axe Throwing.

PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

### FRIDAY: A TRIP TO WHISTLER'S FUNCTION JUNCTION

**Morning** – Explore one of Whistler's most unique spots with a short hike to the Train Wreck, where you'll find a handful of railway boxcars, painted by local graffiti artists, scattered in the forest next to the majestic Cheakamus River.

**Afternoon** – After your hike, channel your inner lumberjack with axe throwing at Forged Axe Throwing, conveniently located in Function Junction near the Train Wreck.

**Evening** – Experience Whistler's brewery scene in the funky Function Junction area. Newcomer, Coast Mountain Brewery, and longtime favourite, Whistler Brewing, both offer delicious beers and a fun atmosphere.



Majestic views from the PEAK 2 PEAK Gondola.

PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

### SATURDAY: EXPERIENCE WHISTLER'S ADVENTURE

**Morning** – There's no better way to start the morning off than by conquering your fears. Test your limits and get an adrenaline rush on Ziptrek's Sasquatch Tour®, North America's longest zipline! Or if you're feeling extra brave, try bungee jumping with Whistler Bungee.

**Afternoon** – Spend the afternoon enjoying the ultimate gravity-fed downhill biking experience in the Whistler Mountain Bike Park. If you're new to the sport, we recommend the Bike Park 101 lesson.

**Evening** – If you're looking for an unforgettable adventure and dining experience, check out Canadian Wilderness' Salmon Bake by ATV. Climb 6,000 ft. up Blackcomb Mountain on four wheels to enjoy a salmon dinner on the spectacular patio at the Crystal Hut.

### SUNDAY: CHEER FOR YOUR IRONMAN!

**Morning** – After an early start cheering on your IRONMAN for the swim portion, indulge in a delicious brunch at Earls Kitchen + Bar Whistler or Elements in the Whistler Village.

**Afternoon** – Pack a picnic for the day and head to the iconic Lost Lake for a chance to swim and lounge in between breaks cheering for your IRONMAN.

**Evening** – Celebrate your friend or family member's sweet victory with a tour of Whistler's finest dining spots with Whistler Tasting Tours or enjoy a gourmet meal at Bearfoot Bistro.

### MONDAY: ICONIC ATTRACTIONS AND SIGHTS

**Morning** – Spend the morning exploring Whistler by bike on the Valley Trail, a network of paved biking and walking trails.

**Afternoon** – Experience Whistler's one-of-a-kind gondola linking Whistler and Blackcomb mountains, the PEAK 2 PEAK, and enjoy some stunning alpine hiking.

**Evening** – Book an evening tee time and enjoy a round of golf at Whistler Golf Club or Nicklaus North Golf Course.



Splash around in the Meadow Park water park.

PHOTO: RESORT MUNICIPALITY OF WHISTLER

## Itinerary for Families with Children

### THURSDAY: SPLASH AND SPRAY

**Morning** – Get breakfast on the run from one of Whistler's cafes and head to Lakeside Park on Alta Lake to enjoy it on one of the picnic tables.

**Afternoon** – Cool down in the afternoon sun with a fun trip to the kids water park located behind Meadow Park sports arena.

**Evening** – Take part in a real life gaming experience at ESCAPE! Whistler. Be prepared for fun, creative, and interactive obstacles as you try to solve the challenges laid out for you in one of four escape rooms.

### FRIDAY: VISIT PEMBERTON

**Morning** – Enjoy some of Pemberton's summer sunshine and with a trip to Mile One Lake or Pemberton's mini water park.

**Afternoon** – Make a trip out to Northarm Farm to pick your own strawberries or head to the Pemberton Farmer's Market for fresh foods and crafts from 3:00 – 6:30pm.

**Evening** – Enjoy a sit down dinner or grab some grub on the go from Mile One, a local favourite with a kid friend menu!

### SATURDAY: EXPERIENCE FAMILY ADVENTURE

**Morning** – Spend the morning high in the sky with ziplining on Ziptrek's Bear Tour, for kids 6 and over.

**Afternoon** – Head to the Family Adventure Zone, located at the base of Blackcomb Mountain, to engage in some fun-filled activities.

**Evening** – After you're done at the Adventure Zone, grab your PEAK 2 PEAK + Mountain Top Feast ticket and head up to the top of Whistler Mountain for an unforgettable dining experience.



Scandinave Spa.

PHOTO: TOURISM WHISTLER/CHAD CHOMLACK

### SUNDAY: CHEER FOR YOUR IRONMAN!

**Morning** – Fuel up for a big day of cheering with a kid-friendly breakfast at Wild Wood Bistro or opt for a sweeter breakfast treat at the famous purebread.

**Afternoon** – A day full of cheering in the sunshine deserves a delicious afternoon treat. Don't miss a trip to Cows Creamery for some delicious ice cream.

**Evening** – End the long day with some take-out from Main Street Noodles or Misty Mountain Pizza.

### MONDAY: KIDS DAY OUT

**Morning** – Give your kids the opportunity to connect with Whistler's natural backyard at the AWARE Kid's Nature Camp.

**Afternoon** – While the kids are away at camp, kick up your feet and enjoy a good book while you lounge at Rainbow Park on Alta Lake or treat yourself to a massage at one of Whistler's spas.

**Evening** – Take the whole family out for a nice sit down dinner at Caramba or Sushi Village.

## Post-race Itinerary for Athletes

### MONDAY, JULY 30 – REST & RELAXATION

**Morning** – Celebrate your victory with a hearty breakfast on one of Whistler's many restaurant patios. Finish of the morning stretching it out with a yoga class at Yogacara Studios

**Afternoon** – Take time to unwind with a leisurely paddle (SUP, canoe or kayak) on Alta or Alpha Lake

**Evening** – Loosen tense muscles with a trip to Scandinave Spa Whistler. We recommend a massage followed by some hydrotherapy in the traditional Scandinavian baths. ■

### Need some more suggestions?

Pick up a free copy of **FAQ Whistler** from dozens of locations around town for even more ideas on how to make your trip memorable.







A runner completes the 2017 Ironman Canada 70.3

PHOTO: TOURISM WHISTLER/MIKE CRANE

## 40th Anniversary stories: You are an Ironman !

AN IRONMAN HALL OF FAMER AND FINISH-LINE ANNOUNCER TELLS THE STORY OF HIS NOW-FAMOUS FINISH LINE WORDS

By **MIKE REILLY**

Let me tell you the story of the words that became my signature phrase, and in time, that of IRONMAN athletes all over the world. A friend from my hometown of San Diego, Dan Trone, was competing in Kona in the Ironman World Championships in 1991. A couple days before the race we had run into each other on Ali'i Dr., not far from the finish line. It was hard to understand, but I noticed an uncharacteristic nervousness in Dan as we began to talk. He was a good athlete, a good runner, but he told me he didn't think he was going to do well. He had done the race in 1990 and was not happy with his day. I tried to ease his burden by telling him to not worry—you're in shape, you are going to be just fine. As we were walking away from one another (He towards the finish line) I said "Don't worry Dan you'll be an IRONMAN!" I simply wanted to help a friend feel better and gain some confidence.

Race day came and like all Octobers, there was an energy in the air that the island gods would be proud of. After Mark Allen won his third title in a row and Paula Newby-Fraser her fourth overall, the age groupers started making their way towards us, situated at the famous finish line. We brought them home calling their names, hometowns, ages, and times like we always had. It was my third year working the finish line and it still was a world of make believe to me. To be a part of the best event in the world calling in finishers, encouraging and honouring their day, was a dream come true.

We had gone past the 8-hour mark, then the 9, 10, and 11. I began thinking of Dan and wondering when he was going to finish. Continuing to eye all the finishers through binoculars, calling out their number aloud to look up the name, we heard

#654. Looking down on Ali'i Dr. from the tower I recognized Dan and excitedly yelled out to the announcing team, "I got this one!" In that instant our conversation came back to me—of trying to instill some confidence for Dan, telling him to not worry, you'll finish, you'll be an IRONMAN. He had that final stretch all to himself, with no one in front and no one behind him. It was a rarity that gave me the opportunity to lengthen the call for him. I don't remember exactly the order of what I said—surely his name, his hometown, and his age—but I do know for sure the last thing I said to him. From our conversation two days prior to the 11-hour, 22 minute, and 10-second time mark I roared the words I didn't know then I'd say hundreds of thousands of times more: "Dan Trone, YOU are an IRONMAN!"

He immediately looked up with a huge smile and our eye contact sent chills through me. The crowd immediately cheered as if Dan had won the entire event, so loud that it stopped me for a second. Then realizing, yes, they are all an IRONMAN, each one deserved to hear it just like Dan. Our next athlete was 16 seconds back and here she comes—a female finisher this time.



THIS PAGE: Emotions on completion run high and shown in many ways.

PHOTOS: TOURISM WHISTLER/JUSTA JESKOVA

For a moment I was a little conflicted—should I say Ironwoman? The event is called IRONMAN so she got the same treatment as Dan. The crowd cheered even louder. Wow, I thought, maybe there's something more here.

After many years, last summer we reminisced about that day. At the end of the conversation Dan said to me: "Mike, after I finished and heard what you said to me I thought that it was my call only, just for me because of our conversation. Then I heard it again walking away from the finish line, and again later that night." He understood why others deserved the same words, and asked, "so how many times since that day have you said it?" I told him it was close to 350,000 times. He hesitated on the other end of the line and replied: "Wow, and I was the first!"

"YOU are an IRONMAN" is not my signature phrase but yours. It is for you: the finisher, the future finisher, your loved ones, and your children. It is a call that for the next 40 years will stand the test of time and change. Our 40th anniversary this October 13 will be a very special day—one that will be the beginning of a new era. ■

*This story has been edited for length.*



# Spectator Guide



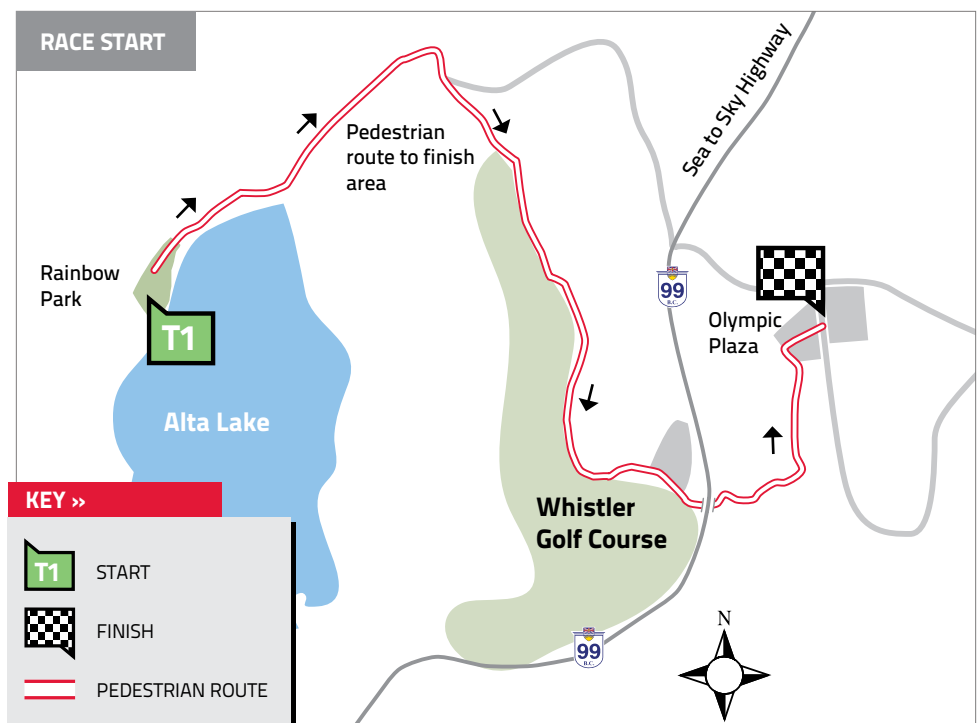
PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

This quick-reference **Spectator Course Guide** will help you plan your day to make sure you sample the atmosphere at some of the race's best viewing spots.

## IMPORTANT INFORMATION

### Safe Pedestrian Route:

If you are planning to view the IRONMAN® Canada race, start at Rainbow Park. Please note the following recommended pedestrian route to return to Whistler Village and the race finish area.





# Swim Course

3.8 KM / 2 LOOPS

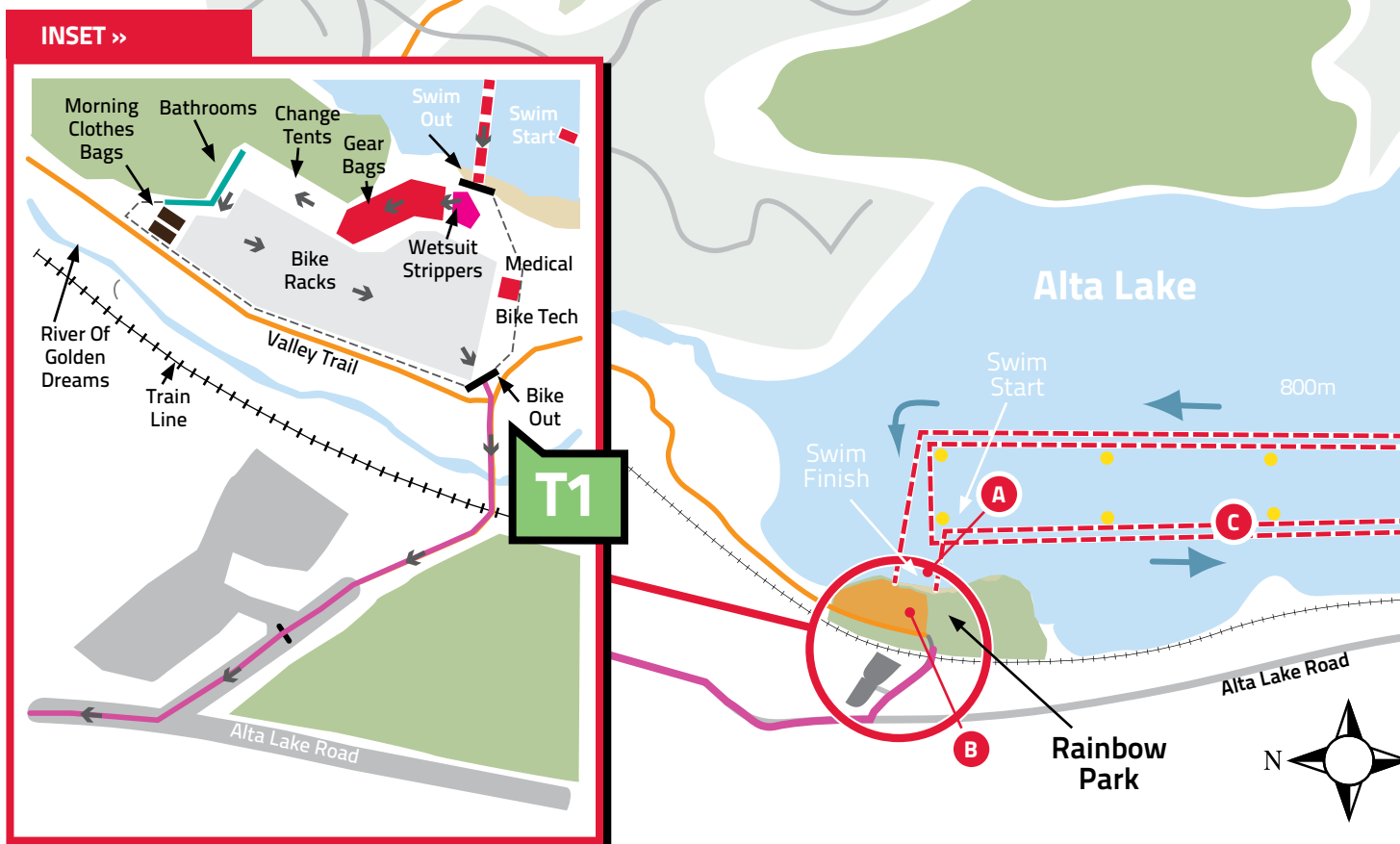
- Self-seeded rolling start
- Remain in water for second lap
- Pro men start: 5:30 a.m.
- Age group start: 6:00 a.m.



PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

A

SWIM START: RAINBOW PARK





The swim course launches from the clean, shallow waters of Alta Lake at Rainbow Park. Average water temperature in late July is 19 to 22°C (67 to 72°F).

## IMPORTANT »

As of 2016, IRONMAN Canada now features a self-seeded rolling start. Athletes will enter the water in a continuous stream through a controlled access point as they enter the water, similar to how running road races are started. An athlete's time will start when they cross timing mats under the arch.

- No parking at Rainbow Park during bike check-in or on race day.
- Shuttles will run from LOT 4 during the following times: Saturday - 9:30 a.m. to 2:30 p.m.; Sunday - 4:30 a.m. to 6:30 a.m.

1.9 KM / 1 LOOP

- Self-seeded rolling start
- Age group start: 7:20 a.m.

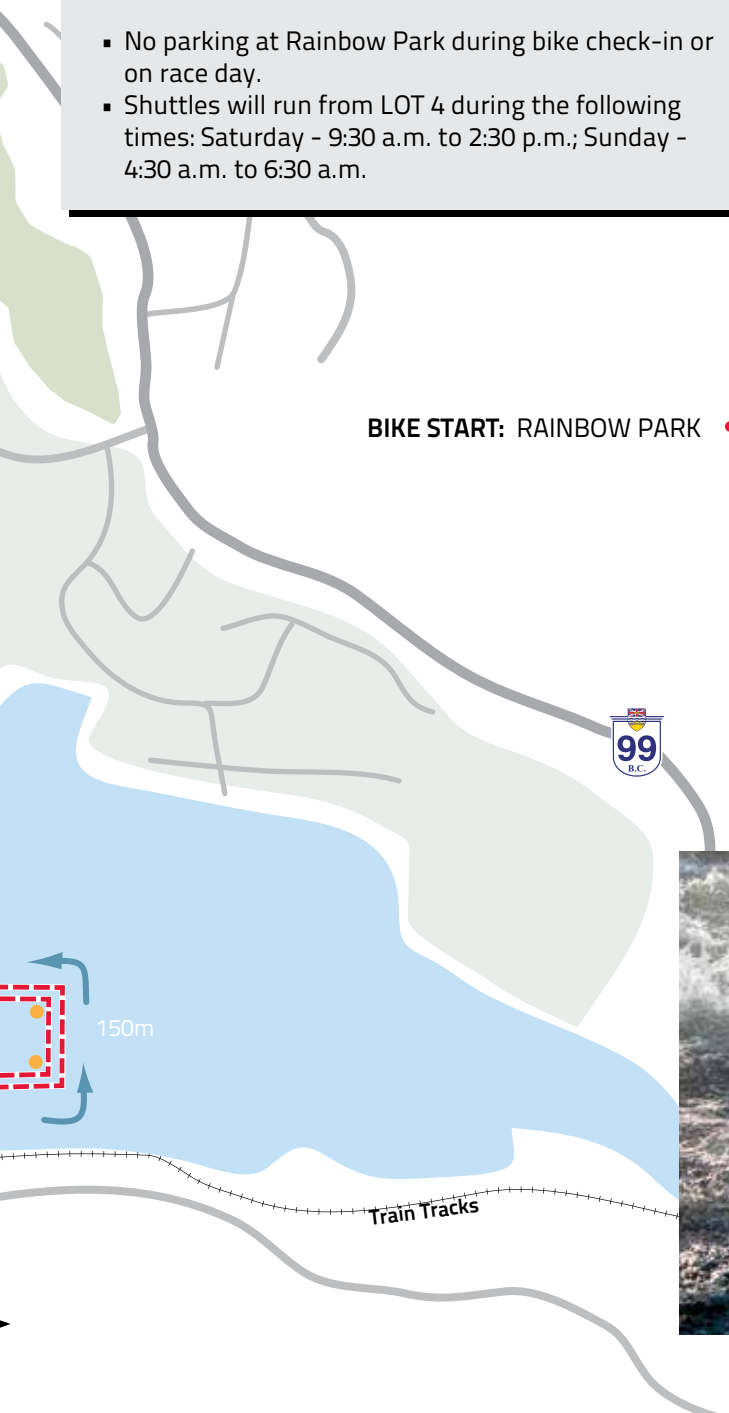
BIKE START: RAINBOW PARK



PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

SWIMMERS ON COURSE: RAINBOW PARK

PHOTO: TOURISM WHISTLER/JUSTA JESKOVA





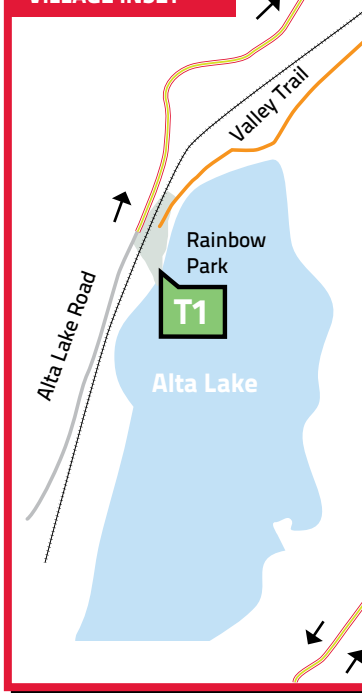
# TIMEX® Bike Course

**180 KM / 112 MI - 3 LOOPS**
**IRONMAN CANADA - TURN BY TURN DIRECTIONS**

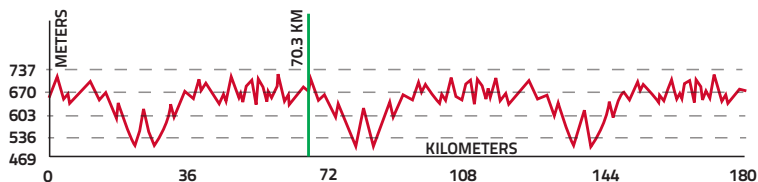
- From transition continue onto Rainbow Dr.
- Right onto Alpine Way
- Right onto Hwy 99
- Right onto Callaghan Valley Rd.
- Left onto Hwy 99
- Left onto Alpine Way
- Left onto Rainbow Dr.
- Rainbow Dr. turns slightly left and becomes Alta Lake Rd.
- Stay on Alta Lake Rd.
- Alta Lake Rd turns slightly right and becomes Rainbow Dr.
- Continue laps 2 & 3
- Turn right onto Alpine Way
- Turn right onto Highway 99
- Turn right onto Whistler Golf Course access road
- Turn right onto Gate Way Dr.
- Turn left onto Northland Blvd/Whistler Way
- Turn right onto Village Gate Blvd.
- Turn left onto Backcomb Way to finish

**KEY »**

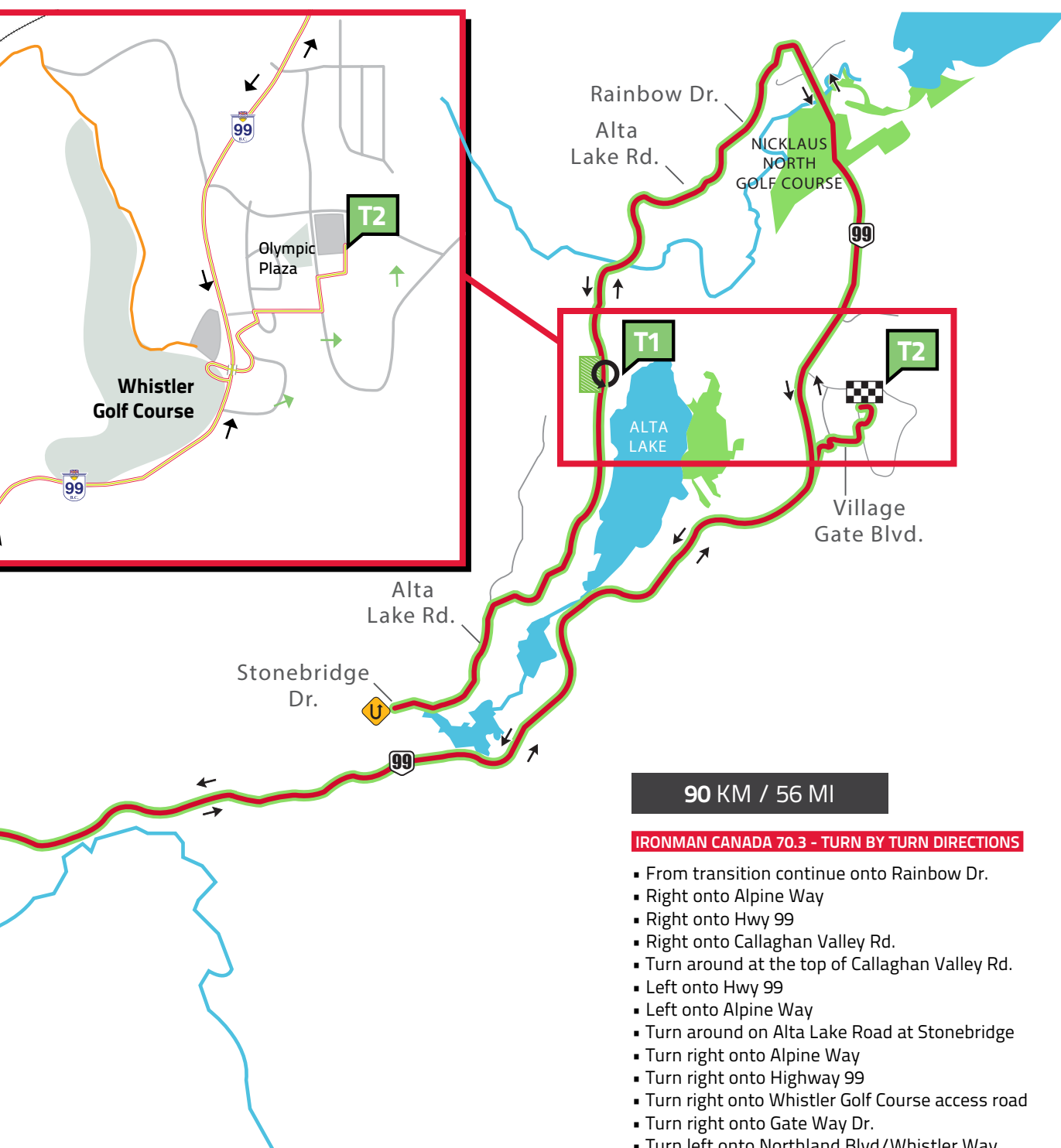
- TRANSITIONS
- IRONMAN ROUTE
- 70.3 ROUTE
- AID STATIONS
- BEGIN 2<sup>ND</sup> & 3<sup>RD</sup> LOOP
- START LINE
- FINISH LINE

**VILLAGE INSET**

 Callaghan  
Valley Rd.

Start Elevation: 657 m ▪ Finishing Elevation: 672 m ▪ Gain: 2579 m






**90 KM / 56 MI**
**IRONMAN CANADA 70.3 - TURN BY TURN DIRECTIONS**

- From transition continue onto Rainbow Dr.
- Right onto Alpine Way
- Right onto Hwy 99
- Right onto Callaghan Valley Rd.
- Turn around at the top of Callaghan Valley Rd.
- Left onto Hwy 99
- Left onto Alpine Way
- Turn around on Alta Lake Road at Stonebridge
- Turn right onto Alpine Way
- Turn right onto Highway 99
- Turn right onto Whistler Golf Course access road
- Turn right onto Gate Way Dr.
- Turn left onto Northland Blvd/Whistler Way
- Turn right onto Village Gate Blvd.
- Turn left onto Backcomb Way to finish

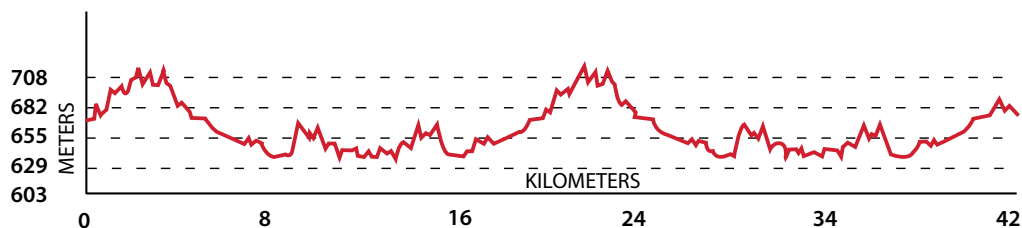


# Run Course

## 42.2 KM / 2 LOOPS

**IRONMAN CANADA** Athletes run a two-loop, 42.2km (26.2mi) course along the meandering Valley Trail just past Lost Lake, where the athletes will turn around and head to Green Lake allowing spectators to reinvigorate athletes with a return through Whistler Village at the halfway point of the run. Athletes repeat the same loop a second time before finishing adjacent to Whistler Olympic Plaza.

Start Elevation: 669 m • Finishing Elevation: 672 m • Total Elevation Gain: 316 m



### KEY >>

- TRANSITIONS
- FINISH
- RUN ROUTE
- AID STATIONS
- SPECIAL NEEDS

PHOTO: TOURISM WHISTLER/MIKE CRANE





**21.1 KM / 1 LOOP**

**IRONMAN CANADA 70.3** Athletes run a one-loop, 21.1km (13.1mi) course along the meandering Valley Trail just past Lost Lake, where the athletes will turn around and head to Green Lake. Spectators are able to reinvigorate athletes as they return through Whistler Village before finishing adjacent to Whistler Olympic Plaza on Blackcomb Way.



PHOTO: TOURISM WHISTLER/MIKE CRANE

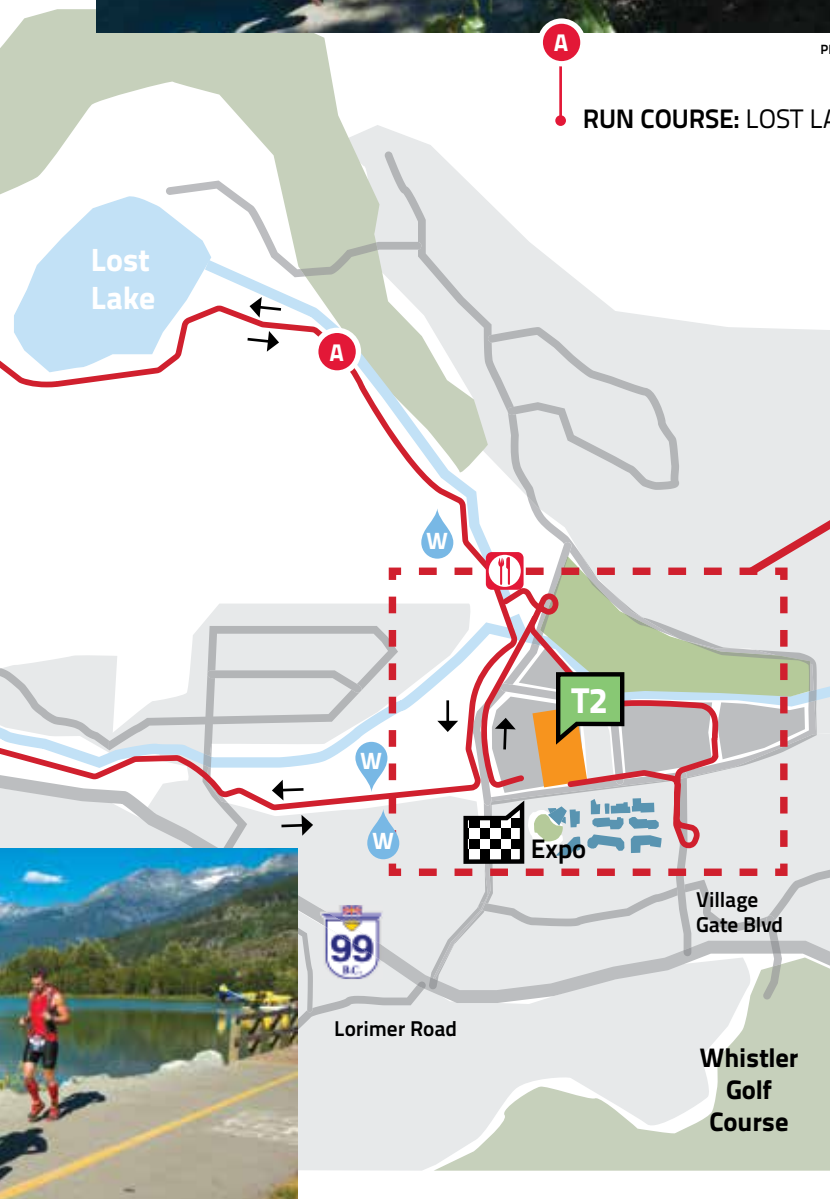
**A**
**RUN COURSE: LOST LAKE PARK**

**VILLAGE MAP INSET »**




PHOTO: TOURISM WHISTLER/JUSTA JESKOVA

## FEATURE

# Strong pros headline field

By **DAN FALLOON**

Once again, Subaru IRONMAN Canada will bring a number of the world's top triathletes to Whistler. This year, the strongest pro men will attempt to conquer a re-designed course that will provide added excitement for both athletes and spectators. In the field of former event champions and former Olympians, only one will come out on top. Here are three with a great chance of doing just that.



PHOTO SUBMITTED

## TREVOR WURTELE

After hitting the podium in third the last time the men descended on Whistler in 2016, the 2013 Subaru IRONMAN Canada champion will look to reach those heights once again.

The 38-year-old Kelowna product said he's thrilled to challenge the course in 2018 and hopes to find a way to earn a win five years after capturing his first full-distance IRONMAN here in the resort.

"I always love that venue. It's such an amazing place to have a triathlon," Wurtele said. "One of the main things I love about coming back to Whistler is climbing mountains and the epic course."

While Wurtele didn't take part in any full-distance races in 2017 in favour of the shorter-distance options, he certainly wasn't exerting himself any less.

"The half distance is definitely demanding. You're full on for that four hours, but it doesn't beat you up quite as badly as a full-distance race does. You can do more of them, but for me anyway ... I just needed a break from the full distance, training for it and the race day itself. It's a big commitment," he said. "I wanted to go to Europe and see how that scene was, and again, the motivation did come back to do a full distance."

Wurtele noted that in a number of ways, Whistler has similarities with European races, most notably finishing in the centre of town with hundreds of cheering supporters.

Wurtele is a past IRONMAN 70.3 champion in New Orleans in 2012 while he was second in the half-distance in Mont Tremblant and Boise events in 2014. He also claimed third at Ironman Chattanooga in 2014.





PHOTO SUBMITTED

## MATT RUSSELL

The 35-year-old Matt Russell will return to Whistler for the first time since 2015, and he hopes to claim his first win in the new location. After winning the pro men's category in 2012, the event's final year in Penticton, he was second in 2013 in the first year in its new location.

Even with a strong lineup, he feels he has the skills to get it done.

"I know there's going to be a good field there, but I'd love to stand on top of the podium. I've done it once before and you never know what can happen on raceday, but I'm definitely going to be pulling hard for it," he said.

Russell is perhaps the sentimental favourite, as he has recovered after being hit by a van during the IRONMAN World Championships in Hawaii in October. He was back less than six months later, taking a seventh-place finish in the IRONMAN Texas 70.3 in April.

Russell has the ability to perform well in all conditions, which he best demonstrated in 2016 when he won the 70.3 in Raleigh, N.C., took second in full-distance races in Texas (twice, including at the North American Championships) and Cozumel, Mexico, and third in the 70.3 in Chattanooga, Tennessee.

"I tend to race pretty well in hot and humid conditions," he said. "Obviously, in Whistler, it can go either way ... It can be really cold or up in the 90s (in the 30s Celsius). Obviously, I have to be prepared for everything, so that's what I'll do."

Russell used to be based in Colorado Springs, Colo. but now calls Sarasota, Fla. home. He grew up, however, in Lisbon, N.Y., which is just about 20 kilometres from the Canadian border and less than three hours from Mont Tremblant, where he was training in late June.



PHOTO SUBMITTED

## BRENT MCMAHON

The 37-year-old McMahon said the first Ironman he ever experienced was Subaru IRONMAN Canada, when it was still based in Penticton. Since then, he's held a special place in his heart for the race even with the venue change. McMahon was still focused on Olympic events at the time, but knew he eventually planned to shift into longer events like IRONMAN.

"I looked forward to one day racing an IRONMAN on home soil in front of Canada," said McMahon, who represented Canada in 2004 in Athens and in 2012 in London.

McMahon, who grew up in Vancouver and now lives in Victoria, said he will have numerous friends and family members watching.

"It's going to feel like a home race," he said.

But with or without a cheering section, McMahon has showed he can star in any situation, winning his IRONMAN debut in Arizona in 2014. That year, he also won four 70.3 races, including in Augusta, Boise, Hawaii and the Philippines. He's subsequently emerged victorious at the South American Championship in Brazil in 2016 and, most recently, a dominating performance at Lake Placid, N.Y. in 2017.

Up until Lake Placid, McMahon said he'd done a lot of flatter courses on the circuit, but proved he could also excel with elevation.

"That course had about 6,000 feet (over 1,800 metres) of climbing. I'd grown up in the hills and I figured I would be good at a hilly bike course," McMahon said.

He sure was, breaking the 15-year-old course record, setting the course record for the run and nearly beating the bike mark as well.

"I'm a versatile IRONMAN athlete. I can race flat courses and I can race hilly courses," he said. "There's a bit more climbing in Whistler than in Lake Placid, and some of it's probably more challenging climbing, but I'm looking forward to it. I'm a smaller guy, so climbing is good for me."

# Traffic Impact Guide

## Travelling to Whistler by car

### NORTHBOUND

Vehicles travelling on Highway 99 to Whistler should pass Village Gate Boulevard by 11:30 a.m.

No northbound access to Whistler on Highway 99 beyond Callaghan Road after 11:30 a.m. From 7:30 a.m. to 5:00 p.m., left turns off of Highway 99 will not be permitted between Callaghan Road and Alpine Way.

All northbound traffic will resume normal operations at 5:00 p.m.

### SOUTHBOUND

Vehicles travelling southbound on Highway 99 from Pemberton may access Whistler Village via Nancy Greene Drive and Blackcomb Way.

There will be single lane alternating traffic between Alpine Way and Nancy Greene Drive from 6:30 a.m. to 5:00 p.m. Expect delays.

Vehicles travelling southbound beyond Whistler Village will detour through Whistler Village until after 5:00 p.m.

Traffic will resume normal operations at 5:00 p.m. Expect delays.

## Travelling from Whistler by car

### NORTHBOUND

Vehicles travelling on Highway 99 to Pemberton and beyond may do so all day from Village Gate Boulevard and Lorimer Road.

There will be single lane alternating traffic between Alpine Way and Nancy Greene Drive from 6:30 a.m. to 5:00 p.m. Expect delays.

No access to Highway 99 from the west side of Highway 99 until normal operations resume between 6:30 a.m. and 4:00 p.m.

### SOUTHBOUND

Vehicles travelling southbound on Highway 99 can do so from all areas of Whistler before 6:30 a.m. and should pass Callaghan Road before 7:30 a.m.

No southbound traffic on Highway 99 between Nancy Greene Drive and Callaghan Road between 6:30 a.m. and 1:00 p.m.

No access to Highway 99 from the west side of Highway 99 between Alpine Way and Callaghan Road from 6:30 a.m. to 5:00 p.m. when normal operations resume.

Southbound traffic between Village Gate Boulevard and Callaghan Road will re-open at 1:00 p.m. Southbound traffic between Nancy Greene Drive and Village Gate Boulevard on Highway 99 to remain closed until 5:00 p.m.

All southbound traffic will resume normal operations at 5:00 p.m. Expect delays.

## Alta Lake Road

Alta Lake Road from Nita Lake Drive to Buckhorn Drive will be closed to vehicles Saturday, July 28 9:00 a.m. to 2:30 p.m. and Sunday, July 29 from 4:30 a.m. to 5:00 p.m.

## Whistler Valley Trail

The Whistler Valley Trail will be open to bike and foot traffic, however the run course will use some sections of the Valley Trail. Please use caution.

**THANK YOU** for your cooperation.  
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