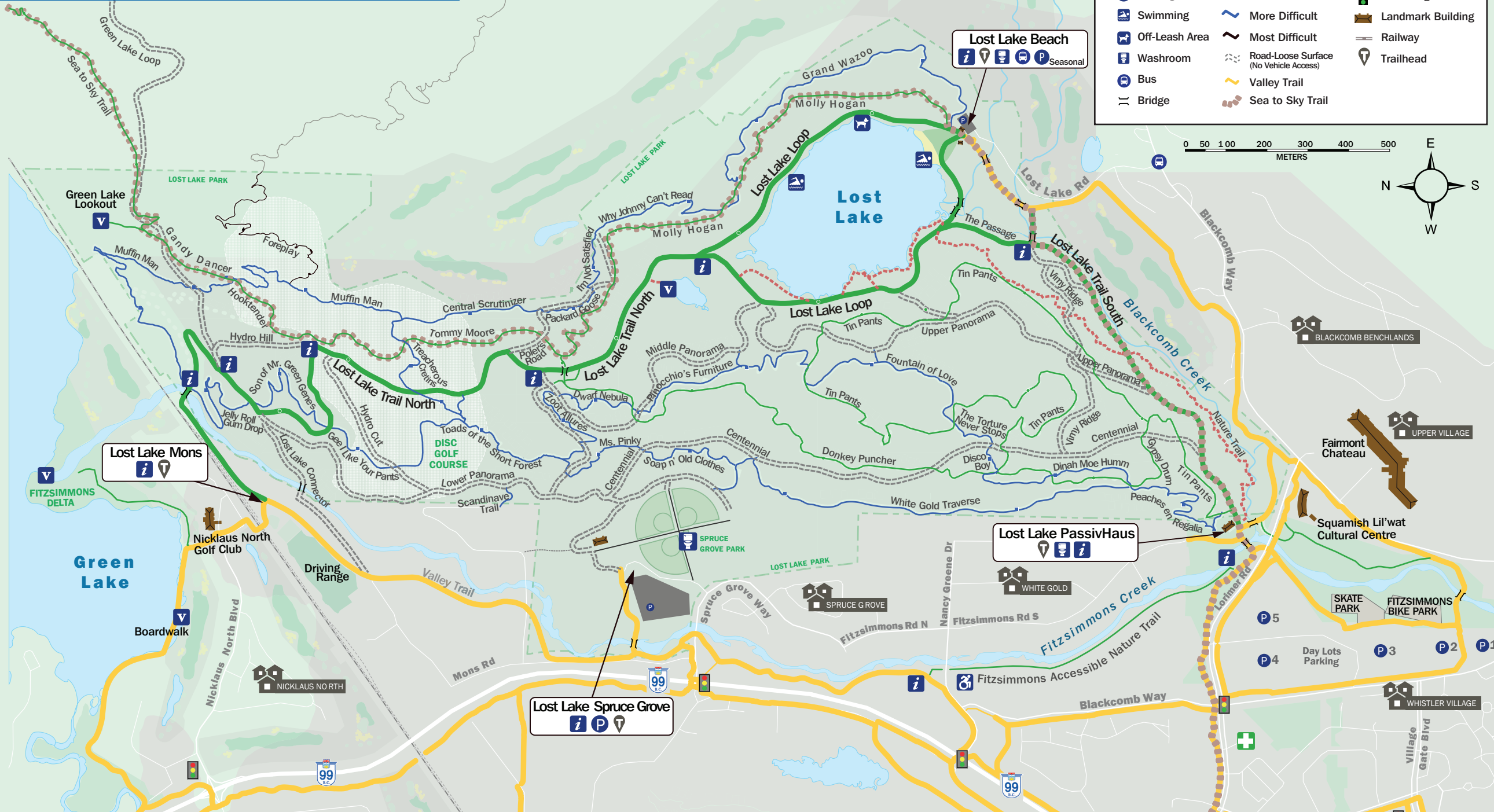
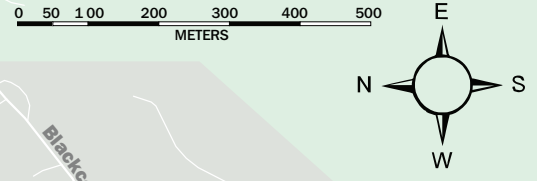


# Lost Lake Park Trail Map summer

# Lost Lake Park

## Summer



### Bus:

Summer free shuttle to Lost Lake Beach (search "RMOW Park Shuttle" for info). Year round take bus #5 (Upper Village free shuttle) and exit at Lost Lake Road.

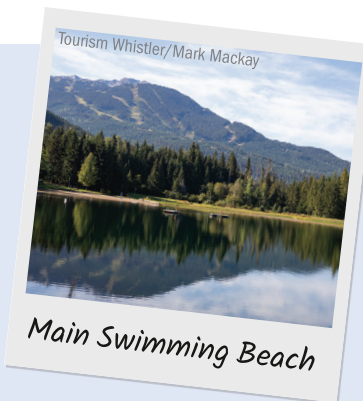


### Parking:

Day Lot 5. Note that during summer there is no parking at the Beach Area, which is limited to pick-up/drop-off only. Spring and fall parking is allowed at the Beach Area.



In winter, the park is closed to hikers, bikers, and dogs, but open to cross-country skiers and snowshoers with a ticket. Parking in Day Lot 5.



**Dogs Must be Leashed**

## Multi-use Trails (hiking and biking)

- The **easiest and widest trails** are gravel roads marked with **thick green lines** (easiest). Example: *Lost Lake Loop*
- **Crushed gravel trails** are marked with **thin green lines** (easier) and are about 1.5 m wide. These trails are generally smooth and have easy to moderate hills. Examples: *Tin Pants* and *Molly Hogan*
- **Singletrack trails** are marked with **blue lines** (more difficult) and are less than 1 m wide with more challenging features. Rocks, roots, and wooden bridges with steeper sections can be expected. Examples: *Grand Wazoo* and *Muffin Man*

## Hiking Only Trails

The nature hiking trails are narrow (single file) and marked with **red dashed lines** on the map. They go over rocks and roots, and some have moderate hills.

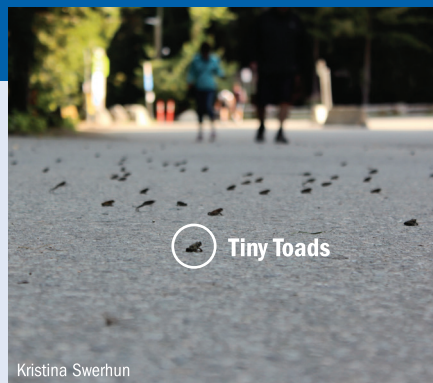
## Lost Lake Amenities



The Beach Area has picnic tables, washrooms, floating docks, an outdoor shower, slack line posts, and food trucks (search "RMOW park eats" for info).

Other points of interest include a dog off-leash beach, additional floating docks, disk golf course, wetland viewing platform, and interpretive panels.

**The Great Toad Migration:** Western Toads breed in Lost Lake and at the end of July thousands of tiny toads migrate from the lake to the forest. Some trails may close during this time (search "RMOW toads" for info).



Kristina Swerhun

Your enjoyment of these trails comes with a responsibility to minimize your impact:

**DON'T LOVE IT TO DEATH**

**STAY ON THE TRAIL** and take breaks on durable surfaces off the trail

**TAKE ALL GARBAGE WITH YOU** including food waste and tissues

**LEAVE NATURAL OBJECTS** in their original place and condition

**PREVENT THE SPREAD OF INVASIVE SPECIES** by removing mud and debris from shoes, clothing, and equipment

More info at [dontlovetodeath.com](http://dontlovetodeath.com)



## Bear Safety

Black bears are common in Whistler. Help keep Whistler safe for bears and people:

- **Never approach a bear**, keep at least 100 m (300 ft) away
- If a bear is **NEARBY**:
  - ✓ **Talk calmly** to identify yourself as a non-threatening human while backing away slowly
  - ✓ **Never run or bike away**, you may trigger a chase
  - ✓ **Leave the area** or take a wide detour
- Manage bear attractants:
  - ✓ **Never leave food unattended**
  - ✓ Always use **bear-proof garbage bins**
  - ✓ Don't leave food in vehicles
- **Never try to move a bear away from a natural food source** just because you want to take that trail

## Adventure Smart



You are responsible for your own safety in the backcountry. Be prepared for changing weather conditions and **bring bear spray**.

**In an emergency call 9-1-1**

- **Make sure someone knows** where you are going and when you expect to return
- **Wear or carry** suitable clothing and proper footwear
- **Know your limits** to avoid injury and exhaustion
- **Bring essentials** including extra food, water and clothing, a cell phone, bear spray, a first aid kit, sun protection, and a flashlight

**AdventureSmart**

More info at [adventuresmart.ca](http://adventuresmart.ca)



## Fire Safety



**No campfires are permitted within the RMOW without a valid permit.**

Outside the RMOW check fire bans and restrictions in the region for information on campfire rules.

**Report smoke and fires by calling 9-1-1**



Whistler is on the unceded shared territory of the **Skwxwú7mesh Úxwumixw** and **Lilwat7úl** (Squamish Nation and Lil'wat Nation) Find out more at the Skwxwú7mesh and Lilwat7úl Cultural Centre  
4584 Blackcomb Way | [lcc.ca](http://lcc.ca)



**Resort Municipality Initiative**  
Investing in B.C. Resort Communities

