**WHISTLER ALPINE TRAILS**

Everyone should experience the top of the world summit, at the gateway to Whistler Mountain’s vast system of trails. Take in scenic viewpoints of Black Tusk and Garibaldi Provincial Park from the sheltered or ventured outwards High Note Trail for a world-class alpine hiking experience.

1. **Whistler Summit Interpretive Walk**
   - **Length:** 1.6 km (1 mi); **60 minutes**
   - **Elevation Change:** 460 m (1500 ft)
   - Few steps of gentle ascent trail at the top of the Peak Express will yield a panoramic overlook of Whistler Mountain’s terrific views, along with diverse ecosystems and floral history storyboards.

2. **Peak Express Traverse**
   - **Length:** 4.6 km (2.8 mi); **190 minutes**
   - **Elevation Change:** 460 m (1500 ft)
   - A great hiking trail linking from the Peak Express Lodge to the Roundhouse Lodge. Please remain on the trail.

3. **Sprayhead Loop**
   - **Length:** 2.1 km (1.3 mi); **80 minutes**
   - **Elevation Change:** 210 m (690 ft)
   - For those that want a shorter trail leg, this is an easy walk connecting Harmony Lake with premium views of Blackcomb Mountain, Garibaldi Provincial Park and the Sprayhead Flings.

4. **Harmony Lake Loop**
   - **Length:** 2.1 km (1.3 mi); **90 minutes**
   - **Elevation Change:** 120 m (390 ft)
   - This trail meanders through alpine forests while travelling away from the Roundhouse Lodge.

5. **Harmony Meadows**
   - **Length:** 2.2 km (1.4 mi); **90 minutes**
   - **Elevation Change:** 60 m (200 ft)
   - This steep trail connects Harmony Lake to the Roundhouse Lodge. Enjoy great views on the way to Harmony Lake.

6. **High Note Trail**
   - **Length:** 4.4 km (2.8 mi); **4 hours**
   - **Elevation Change:** 1590 m (5200 ft)
   - The best experience on Whistler Mountain. Starting at the top of the Peak Express, this choice trail will enjoy stunning views of Black Tusk and Cheakamus Lake as you descend through rugged terrain that reveals numerous small rock gorges. Head back to the Roundhouse Lodge by heading north on the trail just south of Harmony Lake.

7. **Half Note Trail**
   - **Length:** 2 km (1.2 mi); **90 minutes**
   - **Elevation Change:** 460 m (1500 ft)
   - The half note Trail provides a shortened route from the High Note Trail. Half note to the Roundhouse Lodge.

8. **Musical Bumps Trail**
   - **Length:** 2.9 km (1.8 mi); **2 hours**
   - **Elevation Change:** 600 m (2000 ft)
   - Hike to the mountain’s summit, an area not accessible or continue on the Black Provincial Park.

9. **Fitzsimmons Traverse Road**
   - **Length:** 2.4 km (1.5 mi); **1 hour**
   - **Elevation Change:** 270 m (890 ft)
   - This is a mountain track with sections from the Half Note Trail back to the Roundhouse Lodge. There are some steep sections, please watch on the road.

10. **Matthews’ Traverse Road**
    - **Length:** 5 km (3 mi); **3 hours**
    - **Elevation Change:** 300 m (980 ft)
    - Enjoy picturesque views along this mountain road to the summit of Whistler Mountain. Do not enter glacier areas.

**HIKING SAFETY**

- Hiking in the backcountry is not recommended unless you have experience and are well equipped. Wear hiking boots and proper clothing. Wear a hat, sun screen, and bring plenty of water.
- Bring a map and a compass. Carry a flashlight. Understand your limitations. Know when to turn back. Understand the climate. Wear sturdy shoes.
- Follow the trail or use a map. Do not hike alone.
- ***Do not*** hike in closed terrain. Closed toe, stable footwear is strongly recommended.
- Be aware of vehicle traffic.
- Find the inukshuk for a classic photo opportunity.
- Areas frequented by wildlife common to the area.
- ***Prime viewing areas*** of wildflowers that bloom seasonally.
- World-class alpine hiking.
- Trail travel directions are based on ease of travel, access to views, steep slopes, snow and ice fields are very dangerous. You may face rock falls, avalanches and unstable surfaces.
- Hiking outside the area boundary is not recommended unless you have experience and are well equipped. Glass in a car is not recommended because it is not a safe place to stop.
- Do not enter glacier areas. Do not feed wildlife to avoid damage to fragile alpine ecosystems.
- ***Try*** to hike with caution. Do not hike on icy or snow covered areas.

**CORPORATE PARTNERS**

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**EMERGENCY NUMBER:** 604.935.5555
The first portion of the Ascent Trails meanders between ski runs up to the tree line and offers amazing views. The Elevation Change is 74 m (243 ft) and the Length is 0.8 km (0.5 mi); it takes 30 minutes to complete.

The second section of the Ascent Trails climbs to the top of the Big Burn, a wide area with a variety of rich alpine wildflowers, amazing views of Overlord Glacier and many alpine lakes with glacier runoffs. The Elevation Change is 435 m (1472 ft) and the Length is 2 km (1.2 mi); it takes 70 minutes to complete.

This gentle walk from the Rendezvous Lodge leads to a spectacular view of the valley from the Fitzsimmons Lookout, a great place to sit and enjoy the landscape. The walking trail has excellent photo opportunities and alpine ecosystem storyboard signs. The Elevation Change is 183 m (600 ft) and the Length is 1.2 km (0.7 mi); it takes 40 minutes to complete.

A short climb takes you to a rich area of alpine wildflowers with Blackcomb Lake nestled below the peak of Blackcomb. A steep incline leads to a magnificent view of the valley and Decker Lake. The Elevation Change is 214 m (702 ft) and the Length is 2.2 km (1.4 mi); it takes 40 minutes to complete.

This signature trail connects the base area to the top of Blackcomb. It features a wide variety of rich alpine wildflowers, amazing views of Overlord Glacier and the Decker Tarn—a glacial alpine lake. The Elevation Change is 1,200 m over 6.2 km. Once at the top, you can choose to continue your adventure along our alpine hiking trails or downwards back to the base using our lift system. There is no downhill travel on the Ascent Trails.

**Recommended for uphill hiking, this trail takes you from below the tree line up to the high alpine.** Assisted by Overlord Trail with return loop on southside Green Road.

**Stretching into Garibaldi Provincial Park, this trail is used as the main connecting route to all of Blackcomb Mountain’s hiking.** Enjoy a wide variety of rich alpine wildflowers, amazing views of Overlord Glacier and many alpine lakes with glacier runoffs. The Elevation Change is 72 m (236 ft) and the Length is 1.4 km (0.9 mi); it takes 30 minutes to complete.

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