Feel like an Olympian with this hands-on introduction to biathlon! On a walking tour you will learn about the park, take aim and shoot a 22 calibre rifle in a mini walking/running biathlon race at the Olympic shooting range.

Visit the Day Lodge for more information and to book.

**Olympic Biathlon Tour**

**NEW! Olympic Stadium**

2.6 km loop • 45 mins to 1 hour • Easy

Take an easy walk to see the three most iconic landmarks at the park. Don’t forget your camera! Exit the top of the Day Lodge and turn left for this out and back walk, mostly on pavement. See the Olympic rings and share a photo with friends and family. Proceed to follow the paved path to the biathlon range. After finding your country’s flag, head back to the Day Lodge on the paved path. To visit the base of the ski jumps, continue straight past the Day Lodge and down the mini gravel hill. Return back to the Day Lodge and try to one of the backyard games.

**Ski Jump Scramble**

3 km loop • 1.25 to 1.5 hours • Intermediate

.75 km • 20 mins • Advanced/Express Route

For the first time ever, you can hike up the landing hill stairs and all the way up to the very top of the Olympic ski jump! Take the stairs to the start house to see the athletes’ perspective before they jump, and learn about the park and ski jumping.

Start from the Ski Jump hiking trailhead. Look for the signs, enter in under the longhouse and hike straight up the stairs of the designated landing hill. Once up the stairs, continue up to the top start on a dirt and gravel trail. After exploring the start house, hike back down on the designated forest trail (stairs are for hiking up only). Two options exist to take the intermediate route back through switchbacks or the steep, advanced express route. Return to the Day Lodge to celebrate completing the Ski Jump Scramble with snacks and drinks on the patio.

**Lookout Explorer**

3.7 km loop • 1 to 1.5 hours • Easy/Intermediate

Take an easy hike to one of our most impressive mountain viewpoints!

Start from the Ski Jump hiking trailhead, head out on the Lookout Explorer trail under the bridge for an adventure through the forest. Navigate one of our most popular winter snowshoe routes, to the Carving Shack with views of Black Tusk and Brandywine Mountain. On your return journey, look out for the two junior ski jumps and always have an eye out for the local wildlife.

**Fuel Up, Relax or Play**

Grab a bite and drink from the licensed snack bar in the Day Lodge and enjoy the mountain views from the deck. Visit our interpretive exhibit and the gift shop or play a round of disc golf or free backyard game!

**Connect with us & share your experiences!**

@whistlerolympicpark
@whistlerolympic
Whistler Olympic Park

**Designated Hiking Routes**

- Please help us to keep our bears and other wildlife safe and wild by following these rules:
  - Do not approach, provoke, try to pet or pose for a photo with an animal!
  - Stay at least 100 metres away from bears/wildlife.
  - Do not feed bears! This is illegal and dangerous for humans & animals. Dispose of all garbage in our bear-proof containers.
  - Avoid surprising wildlife. If you encounter a bear on the trail, back away slowly. Detour around it. Give the bear space to escape!
  - Dogs must be on leash at all times. Always keep children close by.

**Emergency (day time)** 778-228-4586
**Emergency (after hours)** 911

**Designated Biking Route map and Disc Golf Course map are available at Guest Services in the Day Lodge.**